

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145717	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 08/07/2012
NAME OF PROVIDER OR SUPPLIER COLUMBIA REHAB & NURSING CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 253 BRADINGTON DRIVE COLUMBIA, IL 62236		
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F 315	Continued From page 5	F 315			
F9999	<p>FINAL OBSERVATIONS</p> <p>LICENSURE VIOLATIONS:</p> <p>300.610a) 300.1210b) 300.1210d)6) 300.3240a)</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures, governing all services provided by the facility which shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee and representatives of nursing and other services in the facility. These policies shall be in compliance with the Act and all rules promulgated thereunder. These written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, as evidenced by written, signed and dated minutes of such a meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal</p>	F9999			

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F9999	<p>Continued From page 6 care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (A, B) (Section 2-107 of the Act)</p> <p>These requirements were not met as evidenced by:</p> <p>Based on observation, record review and interview the facility failed to document daily fluid intake and urinary output; failed to ensure indwelling urinary catheter tubing was kept off the floor; and failed to appropriately remove the indwelling urinary catheter for one of four residents (R3) with an indwelling urinary catheter in the sample of four. This failure resulted in R3 requiring immediate hospitalization for a portion of the catheter tubing with balloon to be surgically removed under anesthesia.</p> <p>Findings include:</p> <p>The Physician's Order Sheet (POS) for August</p>	F9999			

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F9999	<p>Continued From page 7</p> <p>2012 documents diagnoses for R3, in part, as Urinary Retention, History of a Urinary Tract Infection and Prostatic Hypertrophy. The Minimum Data Set, (MDS) dated 8/02/12, documents R3 has an indwelling urinary catheter with a history of urinary tract infections. The POS for 8/12 documents R3 receives daily anticoagulant therapy, Coumadin 5 mg (milligrams) placing him at risk for bleeding. R3 also receives a diuretic, Furosemide 20 mg daily placing him at risk for dehydration.</p> <p>R3's Nurses Notes were reviewed for July and August 2012. The Nurses Note, dated 8/01/12, at 6:20 AM, documents, in part, by E4 Registered Nurse (RN), "Explained to patient need to remove (indwelling urinary) catheter and replace. (Indwelling urinary) catheter cut below Y-site with scissors to deflate bulb. Approximately 4 inches of rubber catheter retracted up inside urethra and unable to remove."</p> <p>E4's Nurses Note, dated 8/01/12, at 6:30 AM, documents Z1, Physician was notified and an order was received to send R3 to the hospital.</p> <p>E4's Nurses Note, dated 8/01/12, at 7:15 AM, documents R3 left the facility by ambulance enroute to a hospital in St. Louis, Missouri.</p> <p>The Emergency Department Summary, dated 8/01/12 at 2:17 PM, documents in part, "This is an 81 year old white male from the nursing home for further evaluation of an (indwelling urinary) catheter incident. Today he (R3) was due to have the catheter changed, but apparently the nursing home staff was unable to deflate the balloon, and as a result they cut the catheter with scissors, at</p>	F9999			

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F9999	<p>Continued From page 8</p> <p>which point it retracted into the bladder. He was sent for removal of this retained foreign body. At this time he is actively trying to void into a urinal without success."</p> <p>The hospital's Discharge Summary, dated 8/02/12, documents, in part, "(R3) was admitted secondary to a botched catheter removal. Apparently they cut the catheter almost flushed with the penis in an attempt to remove and change the catheter. The catheter was retracted into the bladder. Emergency consultation was obtained by urologist. He was taken to surgery. He was anesthetized and with a cystoscope, retrieved the catheter and pulled it out. He (the urologist) replaced the catheter. The patient looks like he has 500 leukocyte esterase with negative nitrites. We are waiting for the culture. The patient will be given a dose of Rocephin (an antibiotic). Final diagnosis, 1. Foreign body in bladder."</p> <p>On 8/07/12, at 11:00 AM, Z1, Physician was interviewed. Z1 reported she had been notified immediately of the catheter removal incident for R3 on 8/01/12. Z1 reported she did not feel comfortable with the situation and felt R3 should be sent to the hospital for removal of the catheter. Z1 reported she was unaware if the balloon to the catheter had been deflated. Z1 stated, "They (the facility) need to do an inservice." Z1 reported R3 suffered minor trauma to the urethra. Z1 reported this incident could have been avoided if the catheter removal was done correctly.</p> <p>The facility investigation of R3's catheter removal by E4, dated 8/01/12, was reviewed. The investigation documents, in part, "The facility</p>	F9999			

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F9999	<p>Continued From page 9</p> <p>must ensure that a resident who has a (indwelling urinary catheter) receives appropriate treatment and services." In an interview on 8/07/12, at 1:00 PM, E2, DON confirmed E4 failed to follow the facility's policy and procedure related to the current standard of nursing practice for indwelling catheter removal.</p> <p>The facility's policy and procedure, entitled, '(Indwelling Urinary) Catheter Removal' documents, in part, "Verify by the resident's medical record the size of the catheter balloon to ensure the aspiration of all fluid before removal of the catheter. Insert the hub of a 5 ml (milliliter) syringe in the intake lumen of the catheter and aspirate all of the fluid used to inflate the balloon. Gently and slowly withdraw the catheter completely. Clip the tip of the catheter tube, place it into the sterile specimen container, and close the container (with physician's order)."</p> <p>On 8/07/12, at 9:37 AM, R3 was observed sitting in a wheelchair near the nurses station. The indwelling urinary catheter tubing was dragging on the floor. On 8/07/12, during a continuous observation from 1:15 PM until 2:15 PM, R3 remained in the dining room feeding himself with the catheter tubing dragging on the floor.</p> <p>On 8/07/12, at 1:33 PM, E11, Licensed Practical Nurse came into the dining room to assist R3 with his meal. E11 failed to notice the catheter tubing on the floor from 1:33 PM until she left the room at 2:00 PM.</p> <p>On 8/07/12, at 1:57 PM and 2:00 PM, E2, Director of Nursing, (DON) walked by R3 but</p>	F9999			

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F9999	<p>Continued From page 10</p> <p>failed to notice the catheter tubing on the floor. On 8/07/12, at 2:01 PM, E2 came to sit by the surveyor who was near R3, but failed to notice R3's catheter tubing resting on the floor.</p> <p>R3's daily Intake and Output (I&O) Records for July and August 2012 were reviewed. The I&O records for R3 were incomplete for every day in 8/12 and partially incomplete for 7/26, 7/30/12. On 8/07/12, at 3:54 PM, E3, Assistant Director of Nursing (ADON) was interviewed. E3 stated. "We do I & O's on all our residents with catheters, even if the doctor has not ordered it, or even if a resident is on fluid restriction, whether they have a catheter or not."</p> <p>The facility's policy and procedure entitled, 'Urinary Catheter Care' documents, in part, "Maintain an accurate record of the resident's daily output, per facility policy and procedure. Be sure the catheter tubing and drainage bag are kept off the floor."</p> <p>The facility's policy and procedure entitled, 'Intake and Output Record', documents, in part, "Any resident with a (indwelling urinary) catheter or on a strict I & O will have their total output for the shift recorded in cc's (cubic centimeter) in the urine column."</p> <p>(B)</p>	F9999			